

Welcome Week Timetable 2026

Monday 14 – Friday 18 September 2026

Department	HE Sport
Programme title	BSc (Hons) Strength and Conditioning
Level	4
Programme Manager	Greg Henry

Time	Activity	Location
Monday 14 September 2026		
1-3:30pm	Programme Meeting and Introduction to the Industry Welcome Talk and Introductions: Introduction to the course, expectations, What is Strength and Conditioning programme tasks, discussions around the industry	Sports Academy Classroom 09
3:30-4:30pm	Campus Tour	N/A
4:30pm	Non-Residential Students – Visit Welcome Hub (per programme) - Welcome/help desk - Registry team (checking enrolment status) - Collection points: ID card/car parking pass - Finance help desk - Admissions help desk - Achievement and Success Centre (ASC) help desk - Wellbeing team help desk - Students' Union/Student Experience team stall Student Advisor desk (for general student enquiries)	University Study Lounge
Tuesday 15 September 2026		
10:30-12:00	Programme Meeting 2 Access to Emails and Moodle MyHartpury MS Teams Meet your tutor ** Please make sure you bring a laptop to this session ** Practical: Expectations in the gym, how to participate safely and support others, practical exploring basic movement competency	Performance Gym
12-2pm	Programme Meeting 2 Access to Emails and Moodle MyHartpury MS Teams Meet your tutor ** Please make sure you bring a laptop to this session **	Graze 10

2pm	Student Social Event – Pizza (Free pizza and a drink, and a chance to meet with other students across your department)	Outside Legends
Wednesday 16 September 2026		
09:30-11am	Active Bystander – The Hollie Gazzard Trust This is a compulsory workshop for all students.	MDC1
11-2pm	Student Union Fresher’s Fayre You can sign up to our clubs and societies, hear from local businesses and groups who we know students want to hear from and of course grab some freebies! Local businesses, support groups, charities, bars and clubs – they will all be there, wanting to chat to you and give you some free merch! There will also be stands where you can find out about part time work opportunities – on campus and locally.	Campus
Thursday 17 September 2026		
10am-3pm	Wellfest Event Visit a wide range of exhibitors and explore the HE Zone Workshops include: • Mental health, anxiety and stress/self-harm • Mental health resilience • Healthy relationships/sex • Sexual harassment and consent • Gender identity	Equine Arena
Friday 18 September 2026		
All day	An opportunity to arrange tutorials with programme manager or personal tutor. Please email Greg.Henry@Hartpury.ac.uk	MS Teams