



Welcome Week timetable 2024.

Department	HE Sport
Programme title	Strength and Conditioning
Level	Four
Programme Manager	Greg Henry

International student orientation

Friday 13 September 2024

Move in to your new room and enjoy a pub quiz and food in the evening.

Saturday 14 September 2024

Meet our support teams and join a trip to our local city, Gloucester.

Sunday 15 September 2024

Join in with Residential Welcome Day (details below).

Time	Activity	Location
Sunday 15 September 2024		
Between 9.30am and 4.30pm	<p>Residential Welcome Day (for residential students moving into Hartpury campus halls) Move into your accommodation on campus. You'll collect your room key and get your student ID card, which will give you access to your accommodation hall.</p> <p>Living off campus – Hartpury Gloucester accommodation You'll receive details about moving into Blackfriars directly from Cityheart, who manage the building.</p> <p>Visit the Welcome Hub (per halls) Check the moving in page on your online enrolment hub for your dedicated move-in time slot.</p> <p>Meet staff from our support teams, including Finance, Admissions, Transport, Careers, IT, Students' Union, Student Advisors, Wellbeing, Academic, and Learning Support. You'll also collect your car parking pass (free and paid options available) – you can order your pass from August (details TBC via email and your Coming to Hartpury online hub). Our book and kit suppliers will be on site for you to collect orders – check the requirements for your course here and order online.</p>	University Study Lounge
Monday 16 September 2024		
1-3.30pm	<p>Programme Meeting and Introduction to the Industry Welcome Talk and Introductions: Introduction to the course, expectations, What is Strength and Conditioning</p>	Graze 05

	programme tasks, discussions around the industry	
3.30-4.30pm	Campus Tour	N/A
4.30pm	Non-Residential Students – Visit Welcome Hub (per programme) <ul style="list-style-type: none"> - Welcome/help desk - Registry team (checking enrolment status) - Collection points: ID card/car parking pass - Finance help desk - Admissions help desk - Achievement and Success Centre (ASC) help desk - Wellbeing team help desk - Students' Union/Student Experience team stall - Student Advisor desk (for general student enquiries) 	University Study Lounge
Tuesday 17 September 2024		
11am-midday	Programme Meeting 2 Access to Emails and Moodle MyHartpury MS Teams Meet your tutor ** Please make sure you bring a laptop to this session **	Graze 01
Midday-2pm	Practical: Expectations in the gym, how to participate safely and support others, practical exploring basic movement competency	Performance Gym
2pm	Student Social Event – Pizza (Free pizza and a drink, and a chance to meet with other students across your department)	Outside Legends
Wednesday 18 September 2024		
10-11am	Active Bystander – The Hollie Gazzard Trust	MDC1
11am-2pm	Students' Union Freshers' Fair Opportunity to sign up to our clubs and societies, hear from local businesses and groups, and grab some freebies! You'll meet local businesses, support groups, charities, bars, and clubs, and find out about part-time work opportunities – on campus and locally.	University Study Lounge
Thursday 19 September 2024		
10am – 3pm	Wellfest Event Visit a range of exhibitors and explore our Higher Education Zone including a climbing wall challenge. Take part in workshops: <ul style="list-style-type: none"> • Mental health, anxiety, and stress/self-harm • Mental health resilience • Healthy relationships/sex • Sexual harassment and consent Gender identity	Equine Arena
Friday 20 September 2024		

	<p>An opportunity to arrange tutorials with programme manager or personal tutor. Please email Michael.green2@hartpury.ac.uk or Andrew.Hearn3@Hartpury.ac.uk</p>	<p>MS Teams</p>
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Sports Academy training

If you're interested in joining a Sports Academy, we're running training sessions during Welcome Week using our various sports facilities on and off site.

To avoid timetables clashes, no subject-specific induction activities will be conducted during these times.

Sports Academy training	
Monday 16 September 2024	7-10.30am
Tuesday 17 September 2024	7-9.30am
Wednesday 18 September 2024	2-9pm
Friday 20 September 2024	7-10.30am

For further information, please contact:

- **Men's Rugby:** [Dan Murphy](#) / [John Barnes](#)
- **Women's Rugby:** [Sean Lynn](#) / [Andrew Ford](#)
- **Men's Football:** [Chris Knowles](#)
- **Women's Football:** [Leah Burridge](#)
- **Golf:** [Matt Ellis](#)
- **Rowing:** [Ben Jackson](#) / [Laura Meridew](#)
- **Netball:** [Holly Duerden](#) / [Paige Reed](#)
- **Modern Pentathlon:** [Robert Flack](#)
- **Equine:** [Lizzel Winter](#)
- **Athlete Performance:** [Lee Douglas](#)
- **Recreational Sport:** [Jenny Arroud](#)